**ELENA C. OCHOA**

7550 S.W 57th Avenue #116, Miami, FL 33143

305-669-6699

Acupuncture Center for Wellness, Inc. FL

**Co-Founder and owner Acupuncturist 2004 – Present**

Acupuncturemiami.com

Wellness Wisdom LLC, FL

**Co-Founder and owner Facilitator 2023-Present**

WellnessWisdomSeminars.com

EDUCATION AND TRAINING

Universidad Iberoamericana, México

**Bachelor in Business Administration**  **1980**

Honors: Cum Lade

Tepoztlan, Morelos Mexico

**Traditional Indigenous Herbal Medicine with Dona Vicenta Villalba**

a renowned indigenous Healer  **1993-1998**

Zero Balance **1994 & 2001**

Bach Flower Essences  **1998**

Academy for Five Element Acupuncture, FL

**M.A in Acupuncture**

Chinese Herbal Studies **2002**

Council of Colleges of Acupuncture and Oriental Medicine, FL

**Clean Needle Technique Course**  **2002**

Acupuncturist Without Borders

**Healing Community Trauma Training**  **2011**

Acupuncturist Without Borders

**Healing Community Trauma Training 2011**

University of Miami, FL

**Eight Extraordinary Vessel Course, Dan Nevel AP 2012**

TCM Zone

**Herbal Medicine for Children and Teens 2024**

**ShoniShin Pediatric Integrative Chinese Medicine**

TEACHING EXPERIENCE

Universidad Iberoamericana, México

**Finance Teacher**  **1981-1983**

Authorized “Umdze” (meditation Leader) from the Bon Buddhist lineage **2002-Present**

Semillas / Mujeres Aliadas AC, Michoacán, México

**International PRO BONO teachings of acupuncture protocols at midwifery school**  **2013**

Traditional Indigenous Herbal Medicine Seminars **2015-Present**

Hosting Wellness Retreats, teaching Meditation, Indigenous Herbal Medicine,

**Five Element Theory and Acupressure Protocols**  **2023-Present**

PROFESSIONAL EXPERIENCE

Univision, FL

**Developed Alternative medicine section of Univision.com, the world’s largest**

**Spanish-language media group**  **1999**

Academy for Five Element Acupuncture

**Clinical supervisor 2004-2005**

**Faculty member, curriculum teaching**  **2008-2009**

Acupuncture Center for Wellness, FL **2010**

**collaborated with national project Acupuncturist without Borders: Military Stress**

**Recovery Clinic for Veterans**

Guest speaker for Disney Radio, Health Segment **2010**

Pro Bono international relief community acupuncture for under privileged towns:

**Valle de Bravo, Mexico 2011**

**Tepoztlán, Mexico 2015**

**San Cristóbal de las Casas, Mexico (Mujeres Artesanas)** **2017**

Pro Bono international relief community acupuncture to communities

**impacted by traumatic event: Mexico’s earthquake** **2017**

**LANGUAGES**

English

Spanish

**PROFESSIONAL ASSOCIATIONS**

Florida State Oriental Medical Association

Acupuncturist without Borders

**CREDENTIALS**

Certified Acupuncture Physician, State of Florida

Diplomate in Acupuncture, National Commision for the Certification of Acupuncturist (NCCAOM)